

Knit Stitch: American Style

In American (also called English) Style, the working yarn is held in your right hand. Holding it in such a way as to achieve correct tension is key.

Whether you are working in Continental or American style, the knit stitch has the same rules of formation:

- Working yarn goes behind the needle
- Right needle is inserted into first stitch on Left needle from left to right, front to back
- Yarn goes from left to right between the needles
- Finished stitch should have right “leg” of stitch in front of needle

Find this tutorial online (including a video demonstration) here:

<http://www.talenawinters.com/knit-stitch-american>

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Find my patterns and tutorials at:

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1. Wrap yarn around fingers in right hand in such a way that you will be able to hold the needle and keep yarn taut. Yarn should be behind needles.



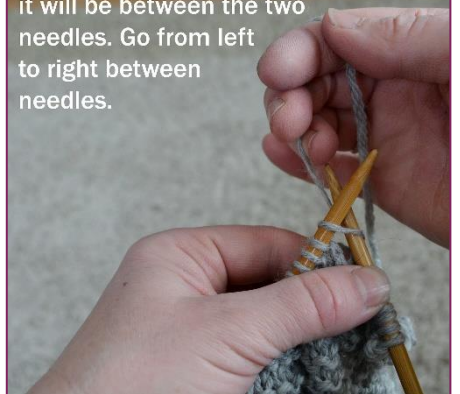
2. Insert right needle through 1st stitch from front to back, left to right. Keep working yarn behind needle in right hand.



3. Right needle should be behind Left needle, crossed through the first stitch.



4. Wrap yarn around right needle so it will be between the two needles. Go from left to right between needles.



5. Keep yarn tight so that it will be easy to pull it back through the stitch.



6. Use right needle to pull yarn back through stitch and create a new loop on the right needle. This works best if needles are at right angles.



7. Pull the old stitch off the left needle, keeping finger on remaining stitches to prevent them falling off, too.

