Purl Stitch: Continental Style

In Continental Style, the working yarn is held in the left hand. Holding it in such a way as to achieve correct tension is key. (See tutorial at <u>www.talenawinters.com/holding-the-</u> <u>yarn</u>.)

Whether you are working in Continental or American style, the purl stitch has the same rules of formation:

- Working yarn goes in front of the needle
- Right needle inserts from right to left through front leg of stitch
- Yarn goes from right to left between the needles
- Finished stitch should have right "leg" of stitch in front of needle

Find this tutorial online (including a video demonstration) here:

http://www.talenawinters.com/purlstitch-continental

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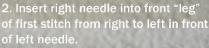


3. Use left index finger to move yarn between needles from right to left, top to bottom. Keep taut.



5. Draw old stitch off the left needle, keeping your finger on other stitches to prevent them coming off, too.







4. Keep needles at right angles. Use tip of right needle to draw yarn back through stitch toward back of work.



6. You have now created a new purl stitch.





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