

Purl Stitch: Continental Style

In Continental Style, the working yarn is held in the left hand. Holding it in such a way as to achieve correct tension is key. (See tutorial at www.talenawinters.com/holding-the-yarn.)

Whether you are working in Continental or American style, the purl stitch has the same rules of formation:

- Working yarn goes in front of the needle
- Right needle inserts from right to left through front leg of stitch
- Yarn goes from right to left between the needles
- Finished stitch should have right “leg” of stitch in front of needle

Find this tutorial online (including a video demonstration) here:

<http://www.talenawinters.com/purl-stitch-continental>

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Find my patterns and tutorials at:

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1. Hold working yarn in front of needles.



2. Insert right needle into front “leg” of first stitch from right to left in front of left needle.



3. Use left index finger to move yarn between needles from right to left, top to bottom. Keep taut.



4. Keep needles at right angles. Use tip of right needle to draw yarn back through stitch toward back of work.



5. Draw old stitch off the left needle, keeping your finger on other stitches to prevent them coming off, too.



6. You have now created a new purl stitch.

