

Kitchener Stitch/Grafting

This bind off uses a yarn or tapestry needle to create a row of stitches between the stitches on two parallel needles. This is used for the toes of socks, tops of mittens, seamless shoulders, and any other place where you want two sets of live stitches to be seamlessly woven together.

Since you are mimicking knit stitches, remember that the yarn needle must go into each stitch on your knitting needle twice, once in each direction, because there are two “legs” in each loop/stitch.

The first time through the stitch, enter it the opposite direction that you would work it if you were knitting or purling it. The second time, enter it the same way you would work it if you were knitting or purling it, then slip it off the needle.

For example, when you are grafting between two pieces of Stockinette Stitch with the wrong sides together, it seems you are looking at a front layer that is ready to be knit and a back layer that is ready to purl. The first time you go into a stitch on the top (knit) layer, enter it purlwise (opposite). The second time, enter it knitwise (same) and slip it off the knitting needle.

For the back (purl) layer, the first time you enter the stitch, enter it knitwise (opposite), and the second time enter it purlwise (same) and slip it off the knitting needle.

You can see this tutorial online (including an instructional video) here: <http://www.talenawinters.com/kitchener-stitch-grafted-bind-off/>



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Find my patterns at:
www.mysecretwish.ca



1. Hold needles with stitches to be grafted parallel with working yarn coming from back stitch.

Trim working yarn at about 3-4 times width of finished edge.



2. Source stitch for yarn tail counts as already having been entered once. Enter 1st stitch on front needle purlwise.



3. Enter 1st stitch on back needle purlwise (2nd entry.)



4. Slip stitch off of back needle.



5. Enter next stitch on back needle knitwise (1st entry.) Pull yarn through and snug up slack.



6. Enter 1st stitch on front needle knitwise (2nd entry). Slip off knitting needle.



7. Enter next stitch on front needle purlwise (1st entry.) Pull yarn through and snug up slack.



8. Keep working steps 3-7 until you have bound off all stitches. Weave in remaining end on wrong side of fabric.